The National Rural Letter Carriers' Association

Please accept this personal invitation from the NRLCA's 108,000+ members to join the Association that can provide you with the best information concerning your rights and responsibilities as a rural letter carrier.



Our organization is comprised of Rural Carriers working for Rural Carriers. Please accept this personal invitation to join us *TODAY!*

Enclosed are some brief examples of what your active membership has waiting for you.

Revised April 2024



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WHY IT PAYS TO BELONG TO THE NRLCA

- ➤ The National Rural Letter Carriers' Association (NRLCA) has an effective legislative program in the Congress to promote and protect the interests of rural carriers.
- > NRLCA holds exclusive recognition to represent the rural carrier craft with the U.S. Postal Service.
- NRLCA negotiates all labor agreements for the rural carrier craft with the USPS, including wages, benefits and working conditions.
- Only the NRLCA can represent members of the rural carrier craft in the grievance procedure, including providing protection in disciplinary actions.
- ➤ NRLCA has an excellent health insurance program; The Rural Carrier Benefit Plan which includes a prescription drug benefit program for Regular rural carriers, Part-Time Flexible carriers (PTF carriers), Retired members, and qualified Leave Replacements.
- ➤ NRLCA offers, other than the health programs, some additional insurance programs: Dental (available to all members); Vision (available to all members); Life (for Regular and PTF carriers only); Long Term Disability (for Regular and PTF carriers only).
- > NRLCA also offers the Rural Carrier Auto Insurance Plan and the Homeowners' Insurance Plan (Note: Check State Availability).
- ➤ NRLCA provides a monthly publication, *The National Rural Letter Carrier*, to keep its members informed on postal and legislative matters of vital interest.
- ➤ NRLCA provides information and fellowship for its members at county, district, state, and national business meetings and at informational meetings where all members may participate in the democratic process of developing NRLCA policy.
- ➤ NRLCA provides an official website for its members at www.nrlca.org. It includes accurate, up-to-date information that affects your job, your wages, and the changing environment of the postal service. Only NRLCA Members can access the full website.
- ➤ **Because of the union,** no rural carrier can be involuntarily reassigned to another craft or job in the postal service. More importantly, **because of this union**, no employee from another craft can be assigned into the rural craft. We are protected from that by the contract that was negotiated by the NRLCA.
- ➤ Without the union, any one of us could be subject to lay-off. There would be no consideration of seniority or re-bidding the routes when an encumbered route was eliminated. If your route was gone you would be, too.
- ➤ **Without the union**, any one of us could be reassigned to another craft or job anywhere in the Postal Service **and** displaced employees from other crafts could be reassigned as rural carriers, taking future jobs away from our own RCAs.
- > Only members of the NRLCA are allowed to vote on officers of the union or hold office in the union.
- Only members of the NRLCA can become union stewards.
- Only active craft members of the NRLCA can vote on proposed new contracts with the USPS
- Only members of the NRLCA have access to union-provided assistance with Workers' Compensation claims.

BARGAINING UNIT RURAL LEAVE REPLACEMENT BENEFIT SUMMARY

- Leave Replacements receive negotiated pay raises, as per the National Agreement.
- Leave Replacements are entitled to work and receive pay for at least the evaluated pay hours of the route when working a full week on their primary assignments, provided the actual work hours do not exceed 40 hours in a work week. Hours worked in excess of 40 hours per work week are paid at straight time for the 40 hours, plus overtime for hours in excess of 40 at your attained hourly rate.
- When serving an entire work week, Leave Replacements are entitled to relief days on J and K
 routes if requested and approved by local management, or required by local management. In
 addition, Leave Replacements are eligible to sign up on an established Sunday desired work
 list.
- Leave Replacements earn annual leave based on the number of hours worked; one (1) hour accrued for each twenty (20) hours of work in a pay period, up to a total of four (4) hours maximum.
- Leave Replacements assigned to auxiliary routes, or to regular routes where the regular carrier
 is absent over 90 days, earn annual and sick leave. Leave Replacements who have earned sick
 leave can use it to care for or attend to a family member in certain specific situations.
- Leave Replacements who have a predetermined regular schedule may qualify, under the Federal Employees Health Benefits Program (FEHBP), to enroll in the Rural Carrier Benefit Plan by paying the entire premium cost. Leave Replacements who qualify for FEHBP insurance must have pre-tax dollars set aside for the entire premium.
- Leave Replacements have access to health insurance subsidized by the employer. This plan is the USPS Health Benefits (USPSHB) Plan.
- Leave Replacements are entitled to apply for the RCBP Health Insurance (Aetna Health Care) the Automobile/Homeowners Insurance with NGIC (check state availability), and Ameritas Group Dental Benefits.
- Leave Replacements are covered by the Federal Employees' Compensation Act (provided the illness or injury is job related) and the Federal Tort Claims Act.
- Leave Replacements have bidding rights for regular rural carrier positions after one year of continuous service as a Leave Replacements.
- Leave Replacements have seniority rights on leave replacement vacancies.
- Leave Replacements have the right to merge their office seniority with the seniority in a new office when they transfer with the route to a new office and finance number.
- Leave Replacements have the option to work primary, secondary and tertiary leave replacement assignments and an assigned auxiliary route, or the assigned auxiliary route only, in non-formula offices. Qualified Leave Replacements attain seniority for primary, secondary and tertiary assignments on regular routes and seniority on all offered auxiliary routes.

- A newly appointed leave replacement will work only in the assigned office for the first two full pay periods in that office. The leave replacement will serve only the primary assignment and may also deliver parcels on any rural route and on Sundays and holidays in the assigned office during these pay periods.
- To allow Leave Replacements a day off, an exception to the relief day worked provisions, allows a regular carrier to voluntarily work their relief day.
- Leave Replacements have the protection of the NRLCA Agreement. The NRLCA has the exclusive right to negotiate labor agreements for all rural craft employees, including salaries. Only NRLCA can represent rural carriers in the Grievance-Arbitration process, including providing protection in disciplinary actions, with the U.S. Postal Service. Leave Replacements are provided representation before the U.S. Congress on legislative matters.
- As NRLCA members, Leave Replacements are entitled to vote, be an officer, a steward, or a
 delegate to conventions. As NRLCA members, Leave Replacements receive the NRLCA's
 monthly magazine to keep informed of job-related issues.

NRLCA MOBILE APP





Android Apple



THE EVALUATED PAY SYSTEM FOR REGULAR RURAL CARRIERS

The evaluated pay system established by USPS and NRLCA is unique in the Postal Service, in that rural carriers are not paid for an eight-hour day. Rather, each rural carrier is paid a particular annual salary based on a sliding scale of "Evaluated Hours" arrived at through mathematical conversion from the "Standard Hours" (total hours and minutes per week) that they expend casing and delivering the mail, as recorded through technology all year long and four (4) individual items in a two (2) week period by postal managers during a Mini Mail Survey of the particular rural route to which they are assigned. Thus, the rural carrier evaluated pay system takes into account the myriad differences and idiosyncrasies among rural routes and between post offices providing rural mail delivery, e.g. mail volume, number of boxes, logistics, geography, etc. The calculations also factor in the three different route classifications for rural mail delivery: "H", "J", and "K" routes.

"H" routes refer to those routes carried six days a week by the regular carrier. "J" routes refer to those routes carried six days a week by the regular carrier one week and five days a week by the regular the next week, with the sixth day every other week carried by a relief carrier. "K" routes are carried five days a week by the regular carrier and one day each week by the relief carrier. In rural delivery, routes are delivered Monday through Saturday. There is no regular mail delivery service on Sunday.

Article 9.2.C.6 of the National Agreement contains a "Table of Evaluated Hours for Regular Rural Routes" which converts various ranges of total hours and minutes per week or "Standard Hours", into "Evaluated Hours", by which the annual salary of the regular carrier for that route is established.

Within each of the three route classifications (J, H and K), there is a range in standard hours of between 6 and 10 hours. Because the "Table of Evaluated Hours for Regular Rural Routes" equates various ranges and permutations of H/J/K route "Standard Hours" into "Evaluated Hours", escalating from 40 hours pay to 48 hours pay per week, even one minute plus or minus in a route's total hours and minutes per week ("Standard Hours") can make the difference between a higher or lower "Evaluated Hours" pay category for the regular carrier on that particular route. In that connection, the National Agreement shows that there is a spread of more than 17 standard hours per week between the smallest regular rural route listed in the Table of Evaluated Hours for Regular Routes (40:30 "Standard Hours"--6.75 hours per day= 41 "Evaluated Hours") and the largest regular route (57:36 "Standard Hours"--9.6 hours per day= 48 "Evaluated Hours").

It should also be noted that once an evaluated salary is established for the route, a rural carrier is paid that same salary every pay period until the route is again evaluated, regardless of whether the daily, weekly or monthly workload for that particular route is above or below the standard hours measured during the Mini Mail Survey and captured scanner data. In short, irrespective of whether rural route casing and delivery takes less time or more time on any given day to day, week to week, or month to month, the rural carrier is paid on the basis of the annual salary set by the results of the most recent evaluation of that particular route. The relief carrier is compensated based "on the evaluation of the regular or auxiliary route served" when they work up to 40 hours per week.

THE EVALUATED PAY SYSTEM FOR RELIEF RURAL CARRIERS

The relief carrier is compensated based "on the evaluation of the regular or auxiliary route served" when they work up to 40 hours per week.

Below are some Q and A examples explaining how the Relief Carrier is paid under the evaluated system.

Q: I am an RCA, and I don't really know how I should be paid. It looks like sometimes I am paid by the hour and sometimes I am paid the evaluation. Is this correct?

A: Yes, sometimes you will be paid the evaluation for a route and sometimes you will be paid by the hour depending on the situation.

If you work over 40 hours in a week you will be paid 40 hours straight time and the remaining time at time and half. 44 hours actually worked would be 40 hours straight time and 4 hours at time and a half.

Once you go over 40 hours, you are no longer paid the evaluation of a route, you are paid actual hours. For example:

Saturday: works **10 hours** on a 45K

Sunday: works 4.5 hours delivering parcels

Monday: works 6 hours on a 42K Tuesday: works 8 hours on a 43 H

Wednesday: works **7 hours** on a 42 K plus **2 hours** of auxiliary assistance on another route. Thursday: Regular carrier goes home sick after carrying part of a 42K, RCA works 3 hours

RCA works 40.5 hours gets paid 40 hours straight time 30 minutes overtime for the week.

Your paid hours become more complicated if you work multiple routes and auxiliary assistance but stay under 40 hours for the week. For example:

Saturday: works **10 hours** on a 45K gets paid the evaluation of the route **9 hours** for the day. Monday: works **6 hours** on a 42K paid the evaluation of the route **8.4 hours** for the day. Tuesday: works **8 hours** on a 43 H gets paid the evaluation of the route **7.2 hours** for the day. Wednesday: works **7 hours** on a 42 K plus **2 hours** of auxiliary assistance on another route. Gets paid the evaluation of the 42K 8.4 hours plus 2 hours total of 10.40 hours for the day. Thursday: Regular carrier goes home sick after carrying part of a 42K, RCA works 3 hours paid 8.4 **hours** for the day.

RCA works 36 hours for the week and is paid 43.4 hours straight time for the week.

FAQs

- **Q:** Are the duties of a Rural Leave Replacement the same as a Regular Rural Carrier?
- A: For the most part, yes. Because of the part time nature of the job, there are some duties that can be required of Rural Leave Replacements that cannot be required of a Regular Rural Carrier; otherwise, the duties and responsibilities of Rural Leave Replacements are the same as those of a Regular Rural Carrier. Handbook PO-603 defines the duties and responsibilities of a Rural Carrier and provides instructions for carrying out those duties and responsibilities. (Ref. PO-603)
- **Q:** Why are there duties that Rural Leave Replacements can be required to perform that Regular Rural Carriers cannot be required to perform?
- A: There is a difference because of the provisions of the Fair Labor Standard Act that cover the Regular Rural Carrier and Rural Leave Replacements. Regular Rural Carriers are covered by FLSA Section 7(b)(2) and Rural Leave Replacements are covered by FLSA Section 7(a). (Ref. Article 9.2.A of the USPS/NRLCA National Agreement)
- **Q:** Are there special provisions in the contract that cover Leave Replacements?
- A: Yes. Article 30, Section 2 of the USPS/NRLCA National Agreement lists the special provisions for Part-time Flexible Rural Carriers, Substitutes, Rural Carrier Associates, Rural Carrier Relief employees, and Auxiliary Rural Carriers. (Ref. Article 30.2 of the USPS/NRLCA National Agreement)
- **Q:** I am an RCA. My supervisor told me I am not allowed access to the grievance process because I am not a career employee. Is my supervisor correct?
- A: No, your supervisor is not correct. Part-time Flexible Rural Carriers, Substitutes, Rural Carrier Associates, Rural Carrier Relief employees, and Auxiliary Rural Carriers shall have access to Article 15, to appeal an alleged violation of the applicable provision of Article 30 or the applicable provisions of any other Article in which they are specifically named. (Ref. Article 30.2N of the USPS/NRLCA National Agreement)
- **Q:** Do rural carriers have a "dress code"?
- A: No. Generally speaking, rural carriers have a great deal of latitude when determining their attire. The PO-603 in Section 120 states that a rural carrier should present a neat, clean, and professional appearance reflecting a positive image. Handbook EL-814, Postal Employee's Guide to Safety, suggests in Section IV that carriers wear sensible, properly fitting clothing to work. Carriers must wear approved, appropriate footwear.

COMPENSATION, SALARIES AND WAGES

Article 9, Section 1. Salaries and Wages

A. Basic Annual Salary

The basic annual salary schedules (Tables One and Two) in effect on May 20, 20**21,** with proportional application to hourly rate employees, for those employees covered under the terms and conditions of this Agreement, shall be increased as follows:

1. Effective November 20. 2021

The basic annual salary for each step shall be increased by an amount equal to **1.3%** of the appropriate **February 27**, 20**21** salary schedule.

2. Effective November 19, 2022

The basic annual salary for each step shall be increased by an amount equal to **1.3%** of the appropriate **February 27**, 20**21** salary schedule.

3. Effective November 18, 2023

The basic annual salary for each step shall be increased by an amount equal to **1.3%** of the appropriate **February 27**, 20**21** salary schedule.

In addition to the above GWI amounts, cost-of-Living adjustments will be made pursuant to the applicable language in the National Agreement for Regular and PTF carriers.

Leave Replacements

All leave replacement employees will receive an additional 1% salary adjustment annually in lieu of COLA adjustments. Those leave replacement employees on the rolls prior to August 11, 2012, will receive the additional 1% salary adjustment annually, rather than waiting for a COLA roll-in at the end of the agreement.

RCA / RCR / ARC STRAIGHT-TIME HOURLY WAGE RATES FOR LIFE OF 2021-2024 NATIONAL AGREEMENT									
	CURRENT 11/20/2021 11/19/2022 11/18/2023								
	RATE 2.3% INCREASE 2.3% INCREASE 2.3% INCREASE								
Table Three – Schedule 1*	\$23.97	\$24.52	\$25.07	\$25.62					
Table Three – Schedule 2**	\$28.02	\$28.66	\$29.30	\$29.94					
Table Four***	\$19.06	\$19.50	\$19.94	\$20.38					

NOTE: All percentage increases are based on hourly rates in effect on February 27, 2021, not the current rate.

^{*} RCAs hired from August 24, 1991 through August 10, 2012.

^{**} RCAs on the rolls prior to August 24, 1991.

^{***} RCAs and ARCs hired on or after August 11, 2012.

MEMORANDUM OF UNDERSTANDING

Non-Career Employee Health Benefits

The Postal Service will make a bi-weekly contribution to the total premium for any non-career rural carrier employee who wishes to participate in the USPS Non-Career Health Care Plan (USPS Plan) self-only option, equal to the greater of (a) \$125, or (b) the minimum required by the Patient Protection and Affordable Care Act, and applicable regulations. The Postal Service will make a bi-weekly contribution equal to 65% of the total premium for any non-career rural carrier employee who wishes to participate in the USPS Non-Career Health Care Plan (USPS Plan) for either self plus one or family coverage during the non-career rural carrier employee's initial year of non-career employment.

After a non-career rural carrier employee's first year of employment, the Postal Service will make a biweekly contribution equal to 75% of the total premium for either self plus one or family coverage.

Effective Plan Year 2023, the Postal Service will make a bi-weekly contribution equal to 75% of the total premium for any eligible non-career rural carrier employee who wishes to participate in the USPS Non-Career Health Care Plan (USPS Plan) for self, self plus one, or family coverage, regardless of years of employment.

Any non-career rural carrier employee wishing to make his or her health care contribution on a pretax basis will be required to make an election to do so in accordance with applicable procedures.

All non-career rural carrier employees will be eligible for the USPS Plan within a reasonable period from the date of hire and entry into a pay status, consistent with the requirements established under the Patient Protection and Affordable Care Act. The Postal Service shall continue to provide the USPS Plan with self-only, self plus one, and family options for the duration of this Agreement.

USPS HEALTH BENEFITS (USPSHB) PLAN PREMIUM RATES 2024 PLAN YEAR					
Premiums					
Per Pay Period					
Self Only	\$49.50				
Self Plus One	\$112.50				
Self and Family	\$159.00				

After one year of continuous employment, any eligible non-career rural carrier employee who wants to pay health premiums to participate in the Federal Employees Health Benefits (FEHB) Program on a pre-tax basis will be required to make an election to do so in accordance with applicable procedures, including dental and vision insurance. The total cost is the responsibility of the non-career employee.

Relief Carrier Pay Stub

	1		2			3			4	5	6]
	PAYLOC		FINANCE NO	ļ	Е	MPLOYEE N	AME		EMPLOYEE ID PAY PERIOD		SERIAL NUMBER	1
				EARNII					GROSS TO		LEAVE STATUS	
WK	RSC/LI	ΕV	RATE	CODE	TYP	HOURS	PAY	THI	S PERIOD	YEAR TO DATE	ANNUAL LEAVE (AL) CA	
7.A	7B 7	7C	7D	7E	7F	7G	7H	GR	OSS PAY	8A	AL PRIOR YR BAL	0.00
								FEI	D TAX xy	8B	+ AL EARNED YTD	0.00
								ST	TAX xxyzz	8C	+ AL HOL EARNED YTD	0.00
								RE	TIRE		- AL USED YTD	0.00
								ME	DICARE	8D	= EARNED AL BAL	0.00
								U	N-R	8E	+ AL ADVANCED	0.00
								Al	.OT	8F	= AVAIL AL BAL	0.00
								H	T100SLF	8G	SICK LEAVE (SL) CAT:	0.00
								SC	DSEC		SL PRIOR YR BAL	0.00
											+ SL EARNED YTD	0.00
											- SL USED YTD	0.00
											= CURRENT SL BAL	0.00
											SL USED THIS PP	0.00
											LEAVE WITHOUT PAY (L)	WOP)
											PAY PERIOD LWOP	0.00
											PP01 TO CURRENT PP	0.00
											USPS RETIREMENT	Γ
					•	9	NET PA	٩Y	1 TA 00.000	NK	0.00	

- 1. PAYLOC Employee's pay location number. Displays the
- 2. FINANCE NO USPS finance number of the employee's home office.
- 3. EMPLOYEE NAME Employee's name.

assigned route type and number.

- 4. EMPLOYEE ID An 8-digit unique number issued by the employer.
- 5. PAY PERIOD Pay period and year of payment displayed as (PP
- 6. SERIAL NO Serial number of the check issued to the employee or sequence number of the earnings statement for net-to-bank.
- 7A. WK This is either week 01 or week 02 of the pay period. This space is blank for all adjustments and allowances.
- 7B. RCS Route type.
- 7C. LEV Route number for those hours. For example:

WK	RSC	/ LEV	
2	2	002	< Carried Auxiliary Route 2
2	Α	998	< Office Auxiliary Assistance
2	K	010	< Carried Route 10
1	Α	999	< Training

- 7D. RATE Hourly rate for hours stated.
- 7E. CODE Employee's designation and activity code.
 - 740 RCA assigned to / serving a vacant route
 - 780 RCA on a Regular route
 - 790 RCA on an Auxiliary route
- 7F. **TYP** Hours type code. W Paid work hours

 - 0 - Overtime (ACTUAL hours over 40 paid at 1 1/2 pay)
 - Leave (Designations 74 & 79)
 - Employee vehicle used
 - G - Government vehicle used
 - Hourly EMA for use of employee vehicle
 Actual mileage compensation for use of employee vehicle

 - Route EMA times the number of trips
- 7G. HOURS For every hour TYP used, actual number of hours.
- 7H. PAY The pay amount for the hours stated.

8A. GROSS PAY - Gross pay for this pay period (plus or minus any gross pay resulting from processed adjustments) and YTD.

10

- 8B. FED TAX Amount deducted for federal tax this period and year-to-date. (x = marital status, y = number of exemptions.)
- 8C. ST TAX Amount deducted for state tax this period and yearto-date. (xx = state tax code, y = marital status, and zz = number of exemptions).
- 8D. MEDICARE Medicare deductions for this period and YTD.
- 8E. UN-R Union dues deduction.
- 8F. ALOT Any allotment setup through payroll deduction.
- 8G. HEALTH BENEFITS Full cost of chosen plan deducted (if eligible and choose to enroll); must have enough earnings after taxes to participate. "For example, HT100SLF = Non-Career Health Benefit Plan, Self Only"
- 9. NET PAY Net pay refers to the amount of compensation remaining that is due the employee after all payroll deductions and allotments have been taken. It also includes EMA.
- 10. LEAVE STATUS Leave is displayed in days and hundredths. (4.5 = 4 1/2 days)

Type (7F), Code (7E) and Equipment Maintenance Allowance (EMA)

	DETAIL EARNINGS										
	WK	RSC	/LEV	RATE	CODE	TYP	HOU	IRS	PAY		
Α	2	K	001	1819	740	0	3	25	88	69	
В	2	K	001	1819	740	W	40	00	727	60	
С						L	32	00	582	08	
D	2	Α	002	340	E19	M	17	00	5	78	
Ε	2	K	001	1810	E47	T	1	00	18	10	
F	2	Α	004	400	E25	Н	5	00	20	00	
G	1	K	010	3230	G41	G	1	00	0	00	

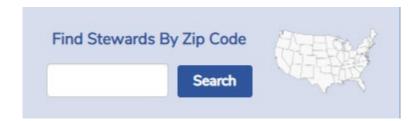
- A. Overtime hours paid at 1 ½ pay (Example: \$27.29 per hour).

 B. Wage
 C. Leave paid
 D. \$0.34 times 17 miles (M = Mileage)
 E. \$18.10 times 1 trip (T = Trip)
 F. \$4.00 per hour times 5 hours (H = Hourly)*
 G. Government vehicle used. No EMA.

* EMA on an Auxiliary route is paid per hour or mile, whichever is greater, up to the amount on the stop chart.

HOW DO I CONTACT MY STEWARD / NRLCA REPRESENTATIVE?

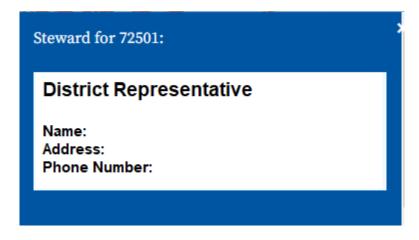
Should issues come up in your office that you don't understand, know that your steward is just a phone call away. You have access to the website at www.nrlca.org. There on the home page you will find the section below on finding stewards. You will need to enter your employing post office zip code and select search.



If you have a local steward, a box will pop up and show you who they are.



You will be able to ask for the local steward at your workstation as sometimes their phone number is not entered. If your office does not have a local steward, the search will default to the District Representative, Assistant District Representative or Area Steward; whichever is assigned to your office.



You can also locate your steward's contact information in the state newsletters/magazines.

SERVICES ADMINISTERED BY THE NRLCA

LABOR RELATIONS

The National Rural Letter Carriers' Association has been recognized and certified as the exclusive bargaining representative of all employees in the bargaining unit. In plain English, this means that the NRLCA (the Union) is the only entity that is authorized to process grievances for rural carrier craft members and to ensure the Employer's adherence to the contract. Along with the recognition as the sole representative of all employees in the bargaining unit comes the legal responsibility of the Union pursuant to the National Labor Relations Act to fulfill its "Duty of Fair Representation" (DFR).

In order to meet its statutory obligation and to live up to a self-imposed organizational commitment that far exceeds the legal standard necessary to satisfy the duty of fair representation, the NRLCA devotes a large portion of its resources within its National Steward System to the development and training of its stewards at all levels. These individuals are overseen by the NRLCA's Labor Relations and Steward Operations Departments specifically, and by the National Board generally. The NRLCA is very proud of the quality of the duty of fair representation that has been its hallmark since the inception of its right to be a union.

ADMINISTRATIVE

The National Rural Letter Carriers' Association is a business within itself, representing the day-to-day interests of its members. By its definition as a labor union by the Department of Labor and classified as a not-for-profit organization by the Internal Revenue Service, there are certain legal obligations placed upon it much like with any other business that must be administered daily. This is done by 9 elected active rural carriers who serve as the National Board with a staff at the headquarters office of approximately 30 individuals who are responsible for the day-to-day operations of the organization. In addition to the aforementioned individuals, the NRLCA retains legal counsel to aid in the responsibility of DFR to the members and to provide legal protection to the members' equity.

LEGISLATIVE

Prior to the enactment of the Postal Reorganization Act in 1970, all salaries and fringe benefits such as retirement, health insurance, worker compensation benefits, etc. were secured by an act of Congress. Since the 1970 Postal Reorganization, we negotiate salaries, health benefits, and working conditions directly with the USPS. However, many benefits that we enjoy as federal employees still come under the jurisdiction of Congress. Retirement, EMA tax provisions, etc. are examples of some of the areas over which Congress still retains authority.

A strong grassroots effort must be pursued daily to make sure that our voice is heard on Capitol Hill on pending legislation that could adversely affect our active and retired rural carriers. The Association has proudly maintained a bipartisan approach to members of Congress to represent the interests of our members.

INSURANCE SERVICES ENDORSED BY THE NRLCA

The National Rural Letter Carriers' Association (NRLCA) sponsors and endorses a number of insurance plans to meet the needs of its members.

The Association has coverage available for its members for medical care, dental care, vision care, disability income and life insurance. Here is a brief description of what the Association offers to meet its members' insurance needs:

- Medical Care: The NRLCA sponsors a health insurance plan for its members, the Rural Carrier Benefit Plan (RCBP).
 - The RCBP is part of the Federal Employees Health Benefits Program and is available to Regular rural carriers and Part-Time Flex rural carriers (PTF) members, and qualified Leave Replacements. Aetna and CVS back the RCBP.
- <u>Dental Care:</u> The NRLCA sponsors a Dental Plan with several levels of coverage that is available to all members. The plan provides four levels of coverage, offering benefits for everything from routine preventive care (exam and cleaning) to major restorations (crowns, bridges, and dentures). A portion of your dental maximum can be used as an allowance towards vision exams, frames, lenses, or contact lenses. Also included on some plans are a Lasik discount and hearing care benefits. The Ameritas Group backs the NRLCA Dental Plan.
- <u>Vision Care:</u> The NRLCA sponsors a Vision Plan that provides vision care for routine eye
 exams, contact lenses, eyeglasses, and frames. The Vision Plan is available to all NRLCA
 members. The Vision Service Plan (VSP) backs the NRLCA Vision Plan.
- <u>HealthiestYou Telemedicine:</u> The NRLCA sponsors a program for members to receive physician access 24/7 by phone or video. This is designed to complement, not replace, the care you receive from your primary physician.
- <u>Disability Income Insurance:</u> The NRLCA sponsors both Long-Term and Short-Term
 Disability Income Plans to provide protection for loss of income from an illness or injury (away
 from the job) that prevents a rural carrier from working. The Disability Income Plan is available
 to Regular, PTF, and RCA rural carriers that are NRLCA members. The Symetra Life
 Insurance Company backs the NRLCA Disability Income Plan.
- <u>Life Insurance:</u> The NRLCA sponsors a term life insurance plan that is available to all members actively working 20 hours or more a week. The NRLCA Life Insurance Plan has a variety of coverage levels, including family coverage for a spouse and dependent children. The Symetra Life Insurance Company backs the NRLCA Life Insurance Plan.
- Accident, Critical Illness and Hospital Indemnity Plans: The NRLCA sponsors a variety of products through The Hartford to provide benefit payments directly to the member above and beyond any health insurance coverages for different medical events. All three benefits are available to you as a member and can include coverage for your family. The Accident plan provides 24-7 coverage if you sustain an injury and need care. The Critical Illness plan will provide a lump sum benefit upon diagnosis of a critical illness. The Hospital Indemnity plan provides a lump sum payment if you need to be hospitalized.

NRLCA - A FAMILY ORGANIZATION

The National Rural Letter Carriers' Association is a family involved organization that is supported independently by its Auxiliary and Junior organizations. Of the 108,000+ regular, relief and retired rural carrier members, all are united by a common work ethic and a solid core of shared family values. Many of the members participate in civic affairs within their community and/or hold offices on school boards and other community organizations. These individuals, by their local involvement, are able to keep abreast of policy and societal changes that could affect the rural carrier craft. Thus, they are able to quickly respond to their representatives about adverse legislation.

Assisting the Association in its legislative endeavors are the Auxiliary and Junior organizations. The Auxiliary is comprised of the spouses of rural carriers who work as a conduit for legislative writing campaigns, phone calls, and face-to-face meetings as necessary to help protect rural carrier interests. In addition to raising money for a nationally selected humanitarian project, the Auxiliary also educates on the issues of safety and Americanism. Further, through its state and national levels, the Auxiliary administers scholarships each year for its Juniors. All in all, the Auxiliary serves to fortify the family unit between the three internal organizations.

The Juniors organization is comprised of children and grandchildren of rural carriers. The Juniors help the Auxiliary in their legislative efforts and with their humanitarian projects. They also participate in an "Americanism" program selected each year by the National Auxiliary President. By conducting their own meetings, the Juniors learn leadership skills and the use of parliamentary procedures.

The discipline, cooperation, and genuine concern shown by the Association's active family members throughout the years has not waned but strengthened. The strong values possessed by this Association along with a sincere desire to improve the quality of life for all rural carriers and their families are what keep us working together in harmony.



Children and grandchildren of rural carriers are eligible to join the Juniors Organization, which provides leadership skills and college scholarships.





GET A \$10 VISA REWARD CARD WITH A FREE QUOTE¹

You made a great decision when you joined the Rural Letter Carrier craft. Here's another opportunity to make a great decision while saving time and money! Whether you are new to the RLC craft, or a tenured carrier, this applies to you. Having the proper auto insurance coverage is essential for your safety and the safety of others when you are on or off the route.

All carriers and their family members have easy access to exceptional insurance products and services. Provided by the only insurance company, National General Insurance, an Allstate Company, that has been fully endorsed by the NRLCA for over 68 years.

You won't find a more knowledgeable and dedicated staff of insurance professionals to handle all your insurance needs. Here's how to find out how National General's auto insurance plan designed specifically for Rural Letter Carriers will benefit you! **Simply call 1–888–325–7727**. Get a quote and mention code RRP, and you'll receive a **FREE** \$10 Visa Reward Card.¹

By making the call now, you are moments away from learning why thousands of your fellow carriers have taken advantage of this special benefit. Besides receiving great coverage, it is common to save hundreds of dollars by making the switch. The \$10 Visa Reward Card is **FREE** and there is no obligation to buy anything. As a Rural Letter Carrier, here are some questions to consider when purchasing auto insurance for your craft:

Will you be driving your personal vehicle to deliver mail? If yes, call 1-888-325-7727 immediately to ensure you are properly covered.

Do I still need special insurance if I only drive a route once or twice a week as an RCA? Yes! Even if you only drive your personal vehicle, one hour, one day, or one week a year, you need coverage with National General.

Do I need coverage through National General if I will be driving an LLV? Yes! Even if you only use your personal vehicle just one time to deliver mail or parcels. If you don't have coverage with a program designed specifically with the RLC craft in mind, you don't have the right coverage and you may be overpaying.

Can I insure more than just my route vehicle? *Of course, you can insure your other vehicles!* We can also insure your home, provide an umbrella or flood policy, renter's insurance, and even coverage for motorcycles, RVs, and more.

IMPORTANT: Make the call today to 1-888-325-7727 and speak to one of National General's specialized Rural Letter Carrier agents to discuss the right coverage for you. Make sure to mention "RRP" when you get your quote, and you will receive a FREE \$10 Visa Reward Card!

¹No purchase required. Please allow 4-6 weeks for delivery. \$10 Visa Reward Card only available with auto insurance quote from National General. Offer valid while supplies last. Must be at least 18 years of age. Limit one per household. National General reserves the right to cancel or modify this offer at any time. Void where prohibited.

Note: This Program is not offered or available in the state of Washington





Welcome NRLCA Members!

APCU has long been a financial resource to NRLCA members with products and services to meet your unique needs and help you achieve financial success. That's why we are offering you more ways to save.

Featured Offer: Show Your NRLCA Pride with a Visa® Affinity Card from APCU

Your membership in the National Rural Letter Carriers' Association proves your dedication to a demanding and important career. At APCU, we'd like to help you show the pride you have in NRLCA membership with a Visa® Affinity Card!

A NRLCA Visa Affinity Card combines all the rewards you deserve with all the convenience you'd expect from APCU's Visa Platinum Rewards Card. Use your NRLCA-branded Visa often to earn one ScoreCard Rewards* point for every \$1 spent on all purchases**. Do your day-to-day shopping with confidence knowing you're earning toward future purchases including that new outfit, the latest home appliance and more!

Your Visa Affinity Card has no annual or balance transfer fees. Plus, APCU's introductory offer means 0% APR for six months on transactions made in the first two months after you open your account (excluding cash advances). (APR = Annual Percentage Rate. APR is 9.90% - 16.90% and will vary based on the Prime Rate in the Wall Street Journal, Accurate as of June 21, 2021.)

To learn more about applying for an NRLCA Affinity Visa Card, give us a call at (800) 849-8431. And remember – your membership with APCU makes you eligible to apply for our other great credit cards, as well. Apply today!

Own Your Home Your Way with APCU Mortgage Options

Buying a house is one of the most important transactions you'll make in your life – and at APCU we believe our members deserve options. When you take out a mortgage with APCU, you can select a loan with no closing costs using APCU's No Closing Cost Mortgage Program. ±

Members may even qualify for this money-saving program when refinancing an existing APCU mortgage.

Whether you're buying your first home or searching for an upgrade, APCU makes the home-buying process understandable and affordable with a variety of flexible mortgage options at competitive rates to meet your needs. Check out all APCU Mortgage products and apply today!

Turn the Car of Your Dreams into Reality with APCU

At APCU, we believe hard-working postal employees deserve to end each day by driving home in the car, truck, van or SUV of their dreams! That's why we're proud to offer Auto Loans on both new and used vehicles with low rates based on credit worthiness, flexible payment terms and no application fee. We also pride ourselves on making your pre-approval process quick and simple – so you can shop with confidence knowing just how much vehicle you can afford. To get started, call our lending center at (800) 849-8431 or apply online!

Specialized Auto Loans

APCU offers great auto loan rates and options to meet your unique vehicle needs with specialized auto loans for right-hand drive vehicles and high-mileage vehicles. Great rates and programs are also available for your other vehicles, including new and used cars, RVs, boats, and more.

Visit us online to get started with your auto loan application or call us at (800) 849-8431 to apply for a specialized auto loan!

Extended Auto Warranties

APCU offers a complete line of warranty coverage through our Route 66 Extended Warranty Protection, designed to help keep your vehicles on the road. No matter where you travel in the United States, Route 66 protects against major mechanical expenses, and there is no deductible on covered parts and labor. All Route 66 plans come with 24/7 Emergency Roadside Assistance.

To learn more, please call one of our friendly and knowledgeable APCU Loan Sales Representatives at (800) 849-8431!

Nationwide Surcharge-Free ATMs plus Shared Branching Services

APCU offers nationwide access to more than 70,000 surcharge-free ATMs to ensure you have access to your accounts when you need it. APCU is also a part of the CO-OP Shared Branch network, giving our members access to more than 5,000 other credit unions for in-person service.

SUMMARY

This Booklet has provided an overview of why our members believe so strongly that it pays to belong to the NRLCA.

The NRLCA is committed to uphold the principles of its preamble and purpose while promoting the services of the USPS to the American people. Again, with the examples given in this booklet, you can also see the vast responsibilities of a rural carrier and the large number of internal services the NRLCA provides to our membership. The NRLCA will continue to strive in its goals of educating and representing its members so that they have the needed tools with which to make career decisions that affect the members and their families.

We hope now that you will accept this personal invitation to join the ranks of over 108,000+ members by continuing with the enrollment process described below.

Thank you!

EASY ENROLLMENT

When considering membership enrollment in an organization you would ask, what's the cost? For relief carriers, the nationwide average is \$11.40 per pay period. For regular carriers, the nationwide average is \$32.21 per pay period.

Relief carriers must remember that if they do not work in a pay period, there is, of course, no deduction of dues for that pay period. Also, there is no retroactive assessment of dues not withheld when they return to work in future pay periods.

Now for the enrollment!

- (1) Simply detach the NRLCA Form 1187 on the following page along the perforated line.
- (2) Enter the requested information into the blocks as indicated. <u>Please print clearly</u>. (If you are newly hired, you may not know your Employee ID number, postal installation where employed, or zip code of installation and / or installation finance number. You may submit the form without this information; however, the processing of your enrollment may be delayed until we obtain that data.)
- (3) Sign and date the form where indicated and include your phone number, if possible (It helps if we need to contact you).
- (4) Fold the form in half as indicated and seal it. Then, simply drop it in the mail. You're done!
- (5) Once we receive the membership application and get it processed, your benefits of membership begin. Also, a membership packet will be sent to you along with a copy of the current USPS / NRLCA National Agreement.

Revised NRLCA Form 1187 UNITED STA 2023	TES POSTAL SERVIC	Ε	RURA	L CARRIER
AUTHORIZATION		SIFICATION		
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Thomas K. Turner	, NATIONAL SECF	RETARY		
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ANNIVERSARY DATE TO BE USED AT USPS PERSONNEL OFFICE				

USPS ORIENTATION RURAL CARRIER ACADEMY

Where did you complete this form?



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NECESSARY
IF MAILED
IN THE
UNITED STATES

BUSINESS REPLY MAIL

FIRST-CLASS MAIL PERMIT NO. 1099 ALEXANDRIA VA

POSTAGE WILL BE PAID BY ADDRESSEE

NATIONAL RURAL LETTER CARRIERS' ASSOCIATION ATTN: MEMBERSHIP ENROLLMENT DEPARTMENT 1630 DUKE STREET 4TH FLOOR ALEXANDRIA VA 22314-3467



INSTRUCTIONS:

- 1. Complete application on reverse side.
- 2. Fold application in half.
- 3. Place clear tape holding the two halves together.
- 4. Make sure address above is visible when mailed.